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Monday, April 24, 2017 metro.us | t: MetroPhilly | f: MetroPhilly

YOU'LL ALWAYS BE MY BABY

Are Mariah & Nick rekindling their romance? 16

Temple quarterback battle wide open. 25

Why you should consider a career in podiatry. 24

LOCKING OUT

It's time for smartphone companies to use existing technology to prevent drivers from texting, emailing and video chatting. 8

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TRUMP TO SIGN ENERGY EXECUTIVE ORDERS

1 President Donald Trump will sign several executive orders on energy on Friday, a White House official said on Sunday. "This builds on previous executive actions that have cleared the way for job-creating pipelines, innovations in energy production, and reduced unnecessary burden on energy producers," the official said on condition of anonymity. Trump in March signed an executive order to undo Obama-era climate

change regulations, keeping a campaign promise to support the coal industry and calling into question U.S. support for the 2015 Paris climate change accord to fight global warming. That order's main target is former President Barack Obama's Clean Power Plan, which required states to slash carbon emissions from power plants. REUTERS

NORTH KOREA SAYS IT'S READY TO STRIKE US SHIP

2 North Korea said it was ready to sink a U.S. aircraft carrier to demonstrate its military might, as two Japanese navy ships joined a U.S. carrier group for exercises in the western Pacific. President Donald Trump ordered the USS Carl Vinson carrier strike group to sail to waters off the Korean peninsula in response to rising tension over the North's nuclear and missile tests, and its threats to attack the United States and its Asian allies. Vice President Mike Pence said on Saturday it would arrive "within days" but gave no other details. North Korea remained defiant. "Our revolutionary forces are combat-ready to sink a U.S. nuclear-powered aircraft carrier with a single strike," the Rodong Sinmun, the newspaper of the North's ruling Workers' Party, said in a commentary. REUTERS

TV JOURNALIST CLAIMS AILES HARASSED HER

3 Television journalist Alisyn Camerota said on Sunday she was a target of sexual harassment by Roger Ailes when she worked at Fox News, joining other former colleagues at the cable channel who have accused their ex-boss of inappropriate behavior. Camerota, now co-host of CNN's "New Day," told that network's Brian Stelter in an interview that Ailes suggested they might have to get to "know

each other better" at a hotel if she wanted to succeed at Fox News. REUTERS

5 THINGS YOU NEED TO KNOW

FRANCE'S MACRON APPEARS SET FOR ELYSEE IN RUNOFF WITH LE PEN

Macron

Le Pen

4 Centrist Emmanuel Macron took a big step toward the French presidency on Sunday by winning the first round of voting and qualifying for the May 7 runoff alongside far-right leader Marine Le Pen. Though Macron, 39, is a comparative political novice who has never held elected office, new opinion polls on Sunday had him easily winning the final clash against the 48-year-old Le Pen. Sunday's outcome is a huge defeat for the two center-right and center-left groupings that have dominated French politics for 60 years. Anti-fascists clash with police forces as they demonstrate in Paris on Sunday following the announcement of the results. GETTY IMAGES

AIRLINES APOLOGIZES FOR CLASH OVER STROLLER

5 American Airlines apologized to a passenger and suspended an employee after a video showing an onboard clash over a baby stroller went viral, in the latest embarrassment for a U.S. carrier over how it treated a customer.The clip, posted on Facebook on Friday by a bystander aboard the flight, shows a woman in tears with a young child in her arms, and a man emerging from his seat to confront a male flight attendant who apparently wrested the stroller from the woman. Facebook user Surain Adyanthaya, who posted the video, wrote that the flight attendant had forcefully taken the stroller, hitting the woman with it and just missing her child. That sequence of events did not appear on the clip. What it shows is the unidentified man standing up and yelling at the flight attendant: "You do that to me and I'll knock you flat." REUTERS

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ELLIS HENICAN, OPINION COLUMNIST

Can you count to 100? On second thought, maybe you shouldn't even try. Donald Trump has already taken to Twitter to pooh-pooh the "ridiculous standard" of even asking what a new president has accomplished in his first 100 days. **metro.us**

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Wrongful death and survival claims can occur in a variety of situations, including medical malpractice and accidents. If a doctor or other health care provider was careless, and death resulted, an action can be brought. Car accident fatalities involving negligence can be wrongful death, if a victim dies as a result of injuries caused by another driver's carelessness. These are just a few examples of personal injury cases that are wrongful death/survival claims. A wrongful death/survival claim can stem from almost any kind of personal injury situation resulting in death.

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From right, owner Arnett Woodall, Symmone Hayes-Boatwright, Mz. Tee, and Devonte Green pose for a photo outside the West Phillie Grocery and community hub in West Philly, which is accepting the new iBuyBlack card. CHARLES MOSTOLLER

iBuyBlack discount card aims to boost black businesses in Philly

Cardholders get discounts at participating black-owned businesses.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

When Arnett Woodall proposed building a produce store in West Philly on a vacant lot known only for drug sales, his neighbors scoffed.

"Most people laughed at me," he said. "It used to be the most trafficked destination for coke, crack and heroin in Philadelphia."

Woodall was undaunted by his neighbors' doubts. His West Phillie Produce has been doing business at 63rd and Market streets "for eight years strong, seven days a week, with the youth running the business."

Now, as one of the first business owners to sign up for the iBuyBlack discount card, Woodall is hoping the city will see what a difference black-owned businesses can make in their communities.

"I'm hoping the iBuyBlack card will help people come in and support the movement. The more people shop, the more I can help youth in my community, and the longer I can keep the dollar in the black community," he said. "If every store hired just one youth from the community, that would make a world of difference."

The iBuyBlack card program kicked off earlier this month at City Hall. Designed to stimulate investment in the black community, the iBuyBlack card entitles the cardholder to discounts at participating black-owned businesses around Philadelphia. Discounts range up to 15 percent off for some businesses and free products at others.

At Platinum Grille in Chestnut Hill, cardholders can get a free cup of their famed seafood chowder with an order of more than $10.

"This is introducing those people that haven't been introduced to my soup, and it's also bringing those people in to eat," said owner Rhonda Yancy, who also said she signed up to help create jobs.

"The ultimate goal is to drive business into the community, which allows us to incorporate more jobs," she said. "If we focus on keeping the money in the neighborhood, we can employ those in the neighborhood."

So far about 80 businesses are participating in the program, and 1,500 cards have been sold at $10 apiece by the Philadelphia Community of Leaders (PCOL), a group of African-American private-sector leaders that organizes such civic events as the Juneteenth celebrations.

They plan to sell some 10,000 more cards, said Earl Harvey, a member of the African American Chamber of Commerce and sales director for the iBuyBlack program.

"It's becoming a diverse movement," he said. "People of all ethnic backgrounds are buying the cards and using them. Some businesses have gotten new customers and they're excited about it."

Growing black-owned businesses won't happen overnight, Harvey acknowledged.

"We're prepared to give this a three-year period to see the kind of response we think it can generate," Harvey said. "This is a long term strategy. This is not a quick fix."

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President Donald Trump tweeted that he accomplished "a lot" in his first 100 days. GETTY IMAGES

TRUMP'S AMERICA

97, 98, 99 ... DUCKING '100 DAYS'

ELLIS HENICAN

Opinion

Ellis Henican is a seasoned observer of the nation's political and social landscape. He has appeared as a commentator on CNN, MSNBC and Fox News. He is a former columnist at Newsday. Follow him @henican

Can you count to 100?

On second thought, maybe you shouldn't even try. Donald Trump has already taken to Twitter to pooh-pooh the "ridiculous standard" of even asking what a new president has accomplished in his first 100 days.

That particular tweet was a bit confusing. On the campaign trail and for most of his time in office, Trump was constantly bragging about how much he would get done in those first three-plus months. But with the deadline dropping on Saturday and the tallies coming in uncomfortably short, the president has had a sudden change of heart.

"No matter how much I accomplish during the ridiculous standard of the first 100 days, & it has been a lot (including S.C.), media will kill!" his tweet reads in full.

But forget the media for a moment. What do the facts say?

They say that, of all his many big campaign promises, Trump can reasonably take credit for achieving exactly one: Neil Gorsuch is now safely on the U.S. Supreme Court and already ushering death-row inmates to the Arkansas lethal-injection chamber. You might or might not like that sort of thing. But thanks to a last-minute rule change, it's undeniably a victory for Trump.

Beyond that? Well, there's not so much to show.

His signature immigration ban is blocked by a federal judge "sitting on an island in the Pacific." His vow to "repeal and replace" Obamacare was run off the road in Congress. His promise of a border wall that Mexico will pay for has gone precisely nowhere. His hard line on "currency manipulator" China has visibly softened. His vow to stay out of foreign entanglements has been contradicted by missiles in Syria, the mother of all bombs in Afghanistan and talk of nuclear exchanges with North Korea.

Oh, and the FBI and Congress are investigating how the Russians helped him win.

On Saturday, instead of getting roasted at the White House Correspondents Dinner, the president has called a 100-day rally of the stubbornly faithful in Pennsylvania. Wouldn't it be interesting if, this time, they answered his calls from the podium truthfully?

"Who's gonna pay for the wall?"

"Um, I guess we are. Or maybe no one."

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Drivers on their smartphones strike fear into the hearts of bicyclists. GETTY IMAGES

TIME TO UNLEASH TECHNOLOGY THAT PREVENTS SMARTPHONE USE WHILE DRIVING

Stand on a street corner — any street corner — and watch people driving their cars. You'll probably notice something: A good portion of people are using their phones. And they're not talking on them; their heads are tilted downward, off the road, using their smartphones.

As a cyclist who regularly witnesses distracted driving, seeing someone with a phone to their ear — and not in front of their face — is often a cause for celebration.

According to an AT&T survey released in May 2015, 27 percent of those drivers, ages 16 to 65, were probably using Facebook behind the wheel. One in 10 in that study admitted to video chatting while driving; 17 percent were probably taking selfies; 33 percent were emailing; and 61 percent were texting.

And things have only gotten worse since then. Data released this month by Zendrive found that 88 percent of drivers are using their smart phones behind the wheel, as first reported in Streetsblog. And there's a way to stop it — if we want to.

Distracted driving isn't just responsible for the deaths of thousands of people in the U.S. each year (federal agencies put conservative estimates around 4,000 dead due to distraction), it's also one of the reasons would-be cyclists stay off the roads all over the country.

Research conducted at Oregon State University has found that taking your eyes off the road for just two seconds can make a collision 24 times more likely on the road. And current distracted driving rates are "rising at levels not seen in 50 years," according to a 2016 New York Times report.

So how do we stop it? Easy. We get the cellphone companies to utilize the technology they've already developed.

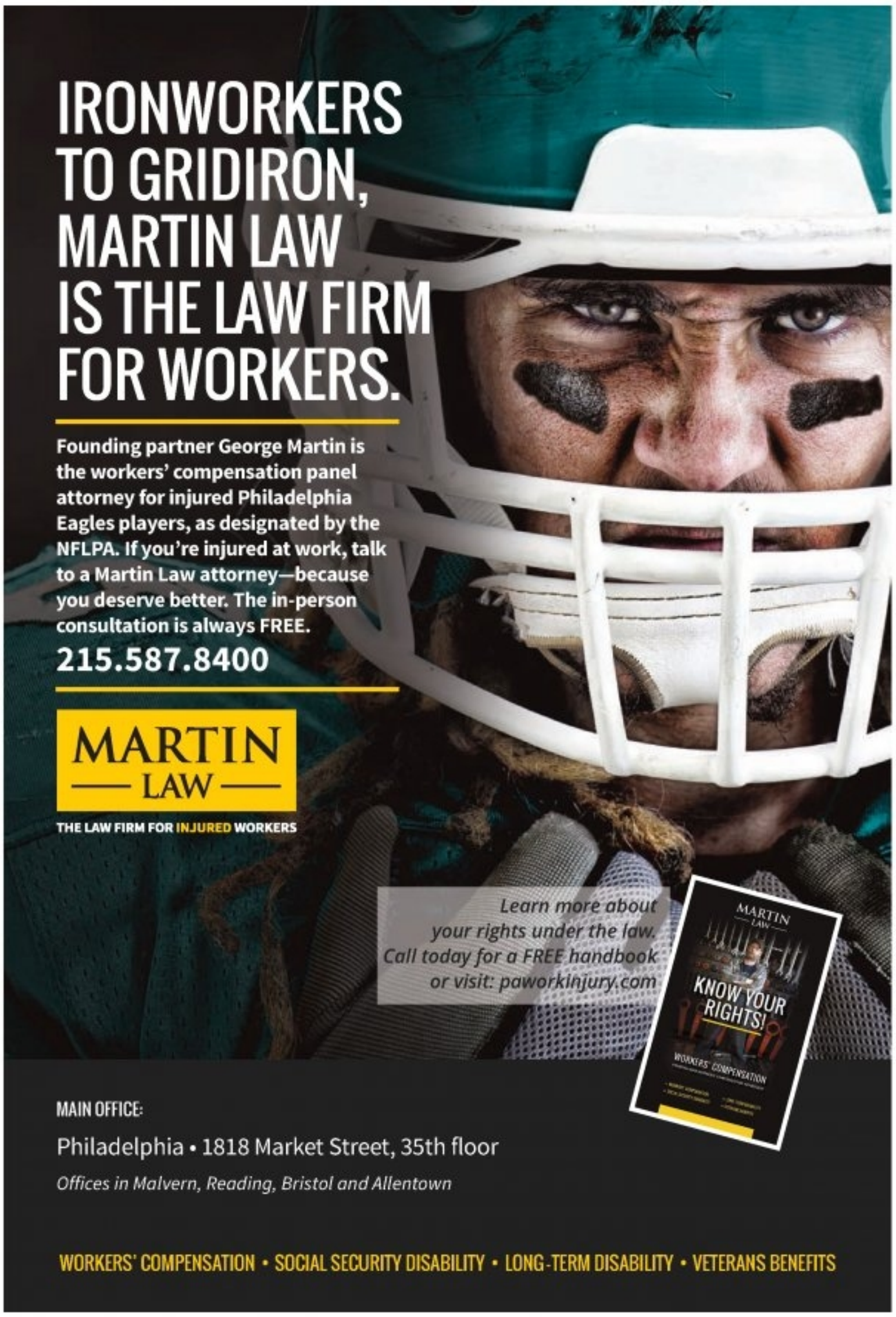
Apple has had technology to lock its users out of their phones while driving since at least 2008.

The patent for the technology, according to a lawsuit that unearthed the information, actually hits on the danger of using phones while driving. "Texting while driving has become so widespread that it is doubtful that law enforcement will have any significant effect on stopping the practice," reads Apple's patent. In light of this admission by the companies that make cell phones — and the growing evidence that cellphone use is addictive — very little has happened.

"For those customers who do not wish to turn off their iPhones or switch into Airplane Mode while driving to avoid distractions, we recommend the easy-to-use Do Not Disturb and Silent Mode features," Apple told The New York Times last year.

Cellphones have the somewhat scary, dystopian feature to detect when you're in a car, and they can detect when you're the one driving. We all seem to be OK with that, so why not take it a step farther? It's time to free ourselves from distracted driving.

Randy LoBasso is communications manager of the Bicycle Coalition of Greater Philadelphia.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Environment-minded Republican turns to birds during Earth Day outing

The National Audubon Society gave Rep. Brian Fitzpatrick a lesson in global warming.

A Pileated Woodpecker in Pennsylvania GETTY IMAGES

In his white dress shirt and black pin-striped pants, Rep. Brian Fitzpatrick stood out from the other birdwatchers gathered near a grove of bud-studded trees in Bucks County.

The National Audubon Society had invited the Republican congressman to the affluent town of New Hope on Earth Day for a glimpse at a few of the hundreds of millions of birds that travel to their breeding grounds during the spring migration.

The society's aim was to explain to Fitzpatrick the effects that global warming was having on the bright little jewels of spring and the habitats they pass through on their way north.

"So many members of Congress are not with it on climate change, what we thought is, let's take our local members of Congress birding and get them interested," said Jim Greenwood, a trustee on National Audubon's board, himself a former congressman.

For Fitzpatrick, who was elected to represent Pennsylvania's 8th Congressional District last November, it was a chance to do something visible on Earth Day, far away from the March for Science events planned in cities across the United States.

His bird-watching appearance in the picturesque heart of his eastern Pennsylvania district was a way to counter the perception by some Americans that Republicans are indifferent or even hostile to protecting the environment.

As President Donald Trump moves to undo regulations put in place by his predecessor Barack Obama to reduce greenhouse gas emissions and slash the Environmental Protection Agency's budget, a small group of congressional Republicans have begun to express alarm over global warming.

Seventeen of them have signed a House of Representatives resolution vowing to combat climate change, while more than a dozen have joined a voting bloc dedicated to supporting legislation friendly to the environment.

Fitzpatrick, who was elected after his brother Mike decided against seeking reelection, has done both.

After his brief birding experience, Fitzpatrick drew applause when he told a crowd of 50 or so at a town hall-style appearance that he opposed cutting the EPA's budget.

He listened as a volunteer for the nonpartisan Citizens Climate Lobby explained a plan the group promotes for levying a carbon fee on fossil fuel producers and distributing the proceeds to consumers.

In a Reuters interview, Fitzpatrick said he thought developing renewable energy sources such as wind and solar power was the best way to reduce greenhouse emissions. REUTERS

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Trump pressures Democrats on Obamacare to get border wall deal

Democrats showed no sign of softening their opposition to wall funding on Sunday and sought to place responsibility for any shutdown squarely on Trump and Republicans who control the House of Representatives and the Senate.

President Donald Trump put pressure on Democrats on Sunday as U.S. lawmakers worked to avoid a government shutdown, saying Obamacare would die without a cash infusion the White House has offered in exchange for their agreement to fund his border wall.

The escalated push to get Trump's priorities, which Democrats reject, into spending legislation could jeopardize prospects for an agreement to keep the government open.

If talks fail, the government would shut down on Saturday, Trump's 100th day in office.

"Obamacare is in serious trouble. The Dems need big money to keep it going - otherwise it dies far sooner than anyone would have thought," the Republican president said in a Twitter post.

In a second tweet, he added: "The Democrats don't want money from budget going to border wall despite the fact that it will stop drugs and very bad MS 13 gang members."

MS-13 is a criminal gang with members of Central American origin.

The president's tweets appeared after White House budget director Mick Mulvaney accused Democrats of "holding

GETTY IMAGES

hostage national security" by opposing $1.5 billion to help build a wall along the U.S.-Mexico border, one of Trump's top campaign pledges.

Democrats have said they would not support legislation that ends federal subsidies to help low-income people buy health insurance under the Affordable Care Act, popularly known as Obamacare.

The healthcare law was former Democratic President Barack Obama's signature domestic policy achievement, which Republicans are trying to repeal and replace.

On Sunday, Democrats called for Trump to stop making "poison pill" demands.

Senate Democratic leader Chuck Schumer said negotiations between Democrats and Republicans in both the House of Representatives and the Senate were "going quite well" and that he was hopeful a deal could be reached.

"The only fly in the ointment is that the president is being a little heavy handed, and mixing in and asking for things such as the wall," Schumer told reporters.

"We'd ask him to let us do our work, not throw in some last-minute poison pills that could undo it, and we could get this done," he said.

Trump wants money for the wall included in spending legislation that Congress must pass by Friday to keep the federal government operating through Sept. 30, when the 2017 fiscal year expires.

Mulvaney and White House Chief of Staff Reince Priebus played down the danger of a shutdown. Mulvaney said talks between Republicans and Democrats could produce an agreement as early as Sunday.

"The only fly in the ointment is that the president is being a little heavy handed, and mixing in and asking for things such as the wall."
Schumer

"I'm pretty confident we're going to get something that's satisfactory to the president in regard to border security within the current negotiations," Priebus said on NBC's "Meet the Press." REUTERS

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At least 30 killed in drug violence across Mexico

At least 30 people were killed over the weekend in Mexico, according to local officials, amid a widespread surge in drug gang violence that has driven murders to a level not seen since 2011.

In Sinaloa state, 10 people were killed in different incidents during the early hours of Sunday, according to local officials.

Battles between gangs have increased in the area following the arrest last year of Sinaloa cartel boss Joaquin "El Chapo" Guzman, who was extradited in January to the United States.

Nine people were killed in what prosecutors said on Sunday was a gun battle between rival drug gangs in the mountains of Mexico's west coast state of Michoacan.

The shootout took place Saturday in an isolated village of the municipality of Churumuco, which borders on Guerrero state, where eight bodies were found on the main street and another in the nearby sierra, the state prosecutor's office said in a statement.

Violence in Mexico has risen to its worst since 2011. In March, there were 2020 recorded murders, the highest for any month since June 2011, according to government data. GETTY IMAGES

In January 2014, the federal government effectively took over control of Michoacan for more than a year in a bid to curb violence between drug gangs and community militias that had risen up to fight extortion and kidnappings.

The region, especially Guerrero state, is the site of the worst violence in Mexico as gangs battle over fields of opium poppies, which are used to make heroin. A surge in U.S. demand for heroin has fed the violence.

Five bodies were found in different sites around Guerrero on Sunday while another six bodies were found in Veracruz state on the Gulf of Mexico, according to local officials. REUTERS

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Sweet home Chicago: Obama re-emerges where it all began

Former President Barack Obama on Monday makes his first major appearance since leaving office, having chosen Chicago, the city where his political career started, to emerge from a three-month hiatus from the public eye.

Obama will meet youth leaders and promote community organizing near the same South Side neighborhoods where his own activism blossomed and propelled him to two terms in the White House that ended with Donald Trump's inauguration on Jan. 20.

Chicago Mayor Rahm Emanuel, who served as Obama's first White House chief of staff, said that he was proud that Obama picked Chicago to make his last speech as president and the first in his postpresidency.

"I think it reflects his emotional, as well as his intellectual, commitment to this city and seeing this city as his home," he said.

Barack and Michelle Obama GETTY IMAGES

Obama's continued connection to Chicago is important to the city, which has global aspirations as well as a palpable insecurity about its place in the world.

During the last year of Obama's second term, Chicago laid claim to its share of his legacy by beating out Hawaii and New York as the site of his presidential library.

> *"He's going to be more visible moving forward. … I think this is clearly a coming-out."*
>
> Axelrod

Obama, who still owns a home in Chicago, was raised in Hawaii. The former president and his wife Michelle are expected to move from Washington to New York once their younger daughter, Sasha, graduates from high school.

David Axelrod, a former top political adviser to Obama, said the decision to house the library in Chicago should have eased any concerns that its residents may have had about the former Democratic president's commitment to the city.

But Monday's event, he said, is another important sign of the former president's strong links to Chicago.

The Rev. Michael Pfleger, a social justice activist who heads a large South Side Roman Catholic church, said a prominent Obama presence could help the nation's third-largest city confront some of the thorny problems it faces.

Chief among them is a spike in gun violence, an issue that Trump has highlighted as a sign of lawlessness and the failure of the Democratic politicians who have long run Chicago.

"It's his life, and he's not in elected office right now, so he can do what he wants," Pfleger said. "But I'd love to see him engage in his home of Chicago. He could make a huge difference." REUTERS

Up for grabs

Fans try to catch the two-run home run ball hit by Cesar Hernandez of the Philadelphia Phillies (not pictured) in the bottom of the eighth inning against the Atlanta Braves at Citizens Bank Park on Sunday. The Phillies defeated the Braves, 5-2. GETTY IMAGES

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We asked our Bath Experts provide answers to a few of our most frequently asked questions about Bath Safety. A topic of concern with baby boomers.

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- Lois, Collegeville, PA

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- Fred, Abington, PA

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- Susan & Barry, Norristown, PA

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Cassini spacecraft to take slingshot dive inside Saturn's rings

This illustration of the Cassini spacecraft shows it about to make one of its dives between Saturn and its innermost rings as part of the mission's grand finale. NASA/JPL-CALTECH

NASA's Cassini spacecraft soared past Saturn's biggest moon for the last time on Saturday, tapping its gravity to slingshot into a series of exploratory dives inside the planet's rings, followed by a final fatal plunge into the gas giant.

After nearly 20 years of traveling in space, Cassini used the gravitational tug of Titan, a moon resembling primordial Earth, to hurl itself into a new orbit that will pass through an unexplored region between Saturn's cloud tops and its rings.

The spacecraft is expected to make the first of 22 dives between the planet and its rings on Wednesday. During the last dive on Sept. 15, Cassini is slated to destroy itself by flying directly into Saturn's crushing atmosphere.

Cassini's final run was set into motion early on Saturday by its 127th and final pass by Titan, the NASA said.

At its closest approach, NASA projections had Cassini flying 608 miles above Titan, zipping by at a relative speed of 13,000 mph.

"Titan's gravity will bend Cassini's orbit around Saturn, shrinking it slightly, so that instead of passing just outside the rings, the spacecraft will begin its finale dives which pass just inside the rings," NASA said in a statement on Wednesday.

During the dives, Cassini will measure how much ice and other materials are in the rings and determine their chemical composition. That information will help scientists learn how the rings formed. REUTERS

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Chris Pratt appears to be confused

Sure, Chris Pratt charmed the pants off of us in "Parks and Recreation," and annoyed us in the later seasons of "The O.C." But now he's just a big star that says not great things sometimes.

In an interview with Men's Fitness, the 37-year-old complained that stories like his aren't being told, you know?

"I don't see personal stories that necessarily resonate with me, because they're not my stories," he told the magazine. "I think there's room for me to tell mine, and probably an audience that would be hungry for them. The voice of the average, blue-collar American isn't necessarily represented in Hollywood." Excuse me while I go die from laughter and also the irony of it all.

After Marie Claire pointed out that Pratt's comments were quickly turning him into some sort of problematic fave, he responded via Twitter. "That was actually a pretty stupid thing to say. I'll own that."

Let's cheers to his slow and improbable progression to being woke.

Mindy Kaling hasn't gone to Newark, yet

Remember when Cory Booker very earnestly, very thirstily asked Mindy Kaling out on a date over Twitter? That was a month ago. Now, despite what we all witnessed with our own eyes, Booker is now playing this off like there was nothing *romantic* about his intentions. "Well first of all, don't read too into it about 'asking out,'" Booker told Vanity Fair. "I want to sort of take the romantic aspect out of it and talk more about how she's amazing … We'll see what happens in the future."

What I am inferring from this statement is that Kaling is too busy and or not actually interested in Booker and he has made it his life goal to get her over to New Jersey so he can show her that he just really, really cares about her. And he'll never give up.

Kaling — make sure you put him down easy, OK?

the word

RACHAEL VAUGHAN CLEMMONS
rachael.clemmons@metro.us

Are Mariah Carey & Nick Cannon rekindling their romance?

Mariah Carey and Nick Cannon have been spotted having dinner twice in the last week. And the reason for their frequent reunions just may shock you.

When asked by TMZ why he'd been seeing Carey so frequently lately, Cannon told the paparazzi, "You realize this is my family, right?" Can you believe it?!

According to Us Weekly, Carey, 47, and Cannon, 36, headed to Mr. Chow with their twins late last week, and enjoyed a private dinner without the kids at Nobu Malibu the next day.

The two have been haunted by dating rumors ever since Carey broke it off with her possibly fake boyfriend, Bryan Tanaka. The 34-year-old and the pop diva split after five months, which is remarkably long for a rebound relationship, if you think about it. The possibly fake stories surrounding the break up said that Tanaka's jealousy over Carey and Cannon's relationship were to blame.

To be fair, these are two grown adults who really love attention: When a TMZ reporter asked Cannon whether or not the two were now "official," Cannon said "We've always been official." Meanwhile, Carey is in the background basking in the glow of the numerous camera flashes and jokingly threatening to steal a paparazzo's car. So this is just pretty standard behavior from them.

I don't know. I kind of feel like these two deserve each other, no?

Katy Perry still loves cultural appropriation

It's nice that we can rely on Katy Perry to deliver some cute and casual appropriation from time to time.

Over the weekend, the 32-year-old — who has repeatedly come under fire for her various forays into appropriation — posted a picture of herself with a new hairstyle. "Katy Kardashian," she wrote, surely proud of how clever she was. Sites like Just Jared are referring to the hairstyle as "boxer braids," which is incorrect. Those are two oversized cornrows, a style commonly worn by black women, that are apparently now in vogue among celebrities like Perry and Kim Kardashian.

On the one hand, it's like — maybe Katy Perry, like the many stars before her who borrow from black culture in a way to seem cooler — should be able to rock these so-called boxer braids. On the other hand, black women are discouraged from wearing their hair in natural styles such as this one, especially in the workplace where it can often be seen as "unprofessional."

I suppose there isn't a thing that doesn't inspire Perry. She's an equal opportunist borrower.

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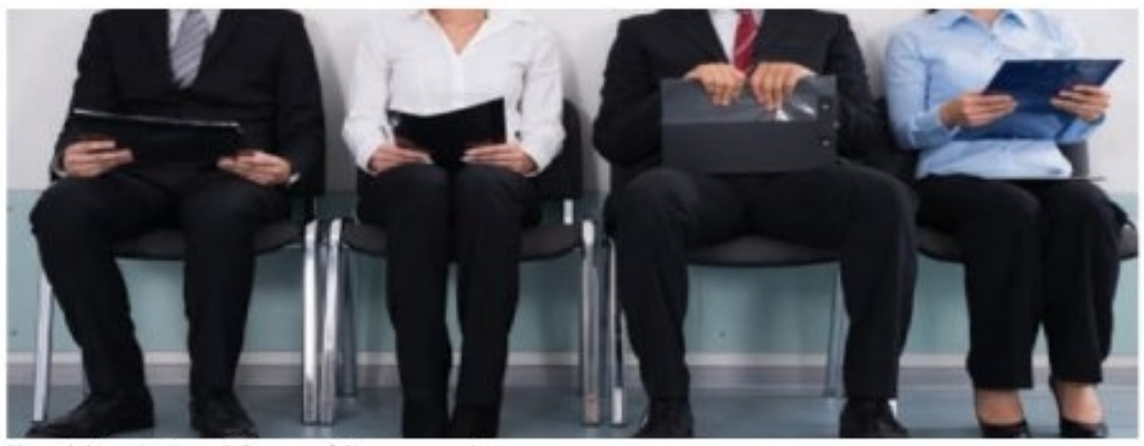

You might want to work for one of these companies. ISTOCK

Sure, we're all chasing our dreams and looking for jobs that align with our passions, but there's also another big factor to consider: money.

If you're looking to follow the green, Glassdoor just made it even easier to come up with a game plan. Its newly released list of the the highest-paying companies in America is the perfect rundown for those looking for a six-figure salary.

And we'll give you a quick hint: If you thought entering the tech field was only for supernerds, you might want to reconsider. Twenty of the featured companies are in the technology sector.

Here are some great options if you want to be a badass at making money in 2017. SARA FEINSTEIN

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Median base compensation: $120,000

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Talking hops with Meg Gill of 'Beerland'

Golden Road Brewing founder Meg Gill hosts "Beerland," airing Thurs., April 27 on Viceland. ALL PHOTOS PROVIDED

The founder of Golden Road Brewing makes her on-screen debut as host of Viceland's new brewcentric show.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

In the opening scene of "Beerland," host Meg Gill finds herself in a bar in Sante Fe, New Mexico. The all-wooden saloon was hand-built by a guy named Cale, who's a homebrewer by night and certified cowboy by day..

"I don't think I've been in a cooler bar," she tells the camera. "I'm excited to see what goes on here during the daylight and hopefully get a little cowboy in me as well." After a beat, likely in response to a face one of the crewmen makes, she realizes her gaffe. "Stop, f— you guys!" she yells.

It's an apt introduction to Gill and to Viceland's new documentary series. At 32, the founder of L.A.'s Golden Road Brewing is the youngest female brewery owner, according to Forbes. She's also a Yale grad and former Olympic-bound swimmer. Point is, she's serious business, but she speaks in an almost stoner Cali drawl (maybe the hops from all those IPAs?) that makes her instantly disarming. From what we've seen of "Beerland" so far — a lot of drinking and talking hops — with amateur homebrewers — Gill has the perfect temperament for it.

In the hybrid travel and competition show, Gill travels to six cities around the country, meeting local homebrewers, tasting their recipes and ultimately selecting a winner, who will have his or her beer bottled and distributed by Golden Road Brewing.

"I knew Vice wanted to do an authentic show and would let it be more about the homebrewers and the experience of drinking beer and the community, and less about me," Gill, who also serves as a producer on the show, says on a call from L.A. "I'm able to be on camera but then be more like a journalist in a lot of ways."

In each city she visits, from Sante Fe to Brooklyn, the beer infuses something about the local culture, she says.

For example, "in New Mexico, the Neomexicana hops were so different from any hops out there that I've ever tried," she says. "The aroma was so different from the flavor. Those hops grow in the wild in New Mexico — you can't buy them like that."

In New York, the "think differently attitude" of the city, as Gill puts it, expresses itself in the recipe of a Brooklyn-based anarchist and homebrewer she's christened "Dailey, the log brewer."

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Wolf Pup IPA

"Dailey's brewing with wild yeast — not that you buy, but that you find outdoors," she says. "He had taken a log out of a park in Brooklyn and had a hunch there'd be yeast in it, and put it in his beer." (I was too skeeved out to ask if it tasted any good.)

Beer has been a love for Gill since she was little. "When I was a toddler I would go down to the basement and grab my mom a beer while she was cooking dinner and she would give me the first sip as my reward," she tells me.

Right after college, Gill headed out to Boulder, Colorado, to train for the Olympic trials in swimming. She supported herself working a sales job at a microbrewery called Oskar Blues, but when an accident derailed her training, beer replaced swimming as her main calling. "I saw that this funky, young, very exciting craft brewery in a one-stop-sign town in Colorado could have a big impact on community," she remembers. Four years later, in 2011, she founded her own brewing company in L.A.

She describes Golden Road Brewing as "an ambitious, young, sunshine brand that barks at that creative love for the sun that Southern California has through beer." The beers are flavorful but sessionable — the kind of brews that taste strong, but won't knock you out if you have more than one. Her go-to beer? "A fresh, fruit-forward pale ale," she says.

As far as what folks will get out of watching "Beerland," Gill just hopes the show will make viewers inspired to learn and imbibe more. "The people who have seen it so far, the one takeaway is 'Wow, I want to go drink beer. I want to taste beer and I want to learn about beer,'" she says. "It's pretty cool that it makes people excited about beer, and that's kinda what we're going for."

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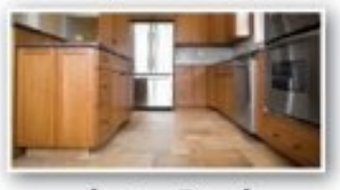

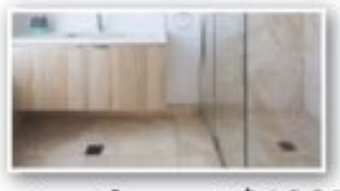

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The pains of being beautiful

Cheryl Ladd plays the domineering mother of Katherine Heigl in the thriller "Unforgettable," now in theaters. WARNER BROS. PICTURES

Former "Charlie's Angel" Cheryl Ladd talks "Unforgettable" and cherishing her age.

MATT PRIGGE
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Cheryl Ladd is happy she's in her 60s.

When the "People vs. O.J. Simpson" actress first hit the big time, it was for playing Kris Munroe on "Charlie's Angels." Controversially, she had replaced Farah Fawcett, and she was thought of mainly for her looks. Cut to four decades later and she's getting more interesting roles — like Katherine Heigl's manipulative,

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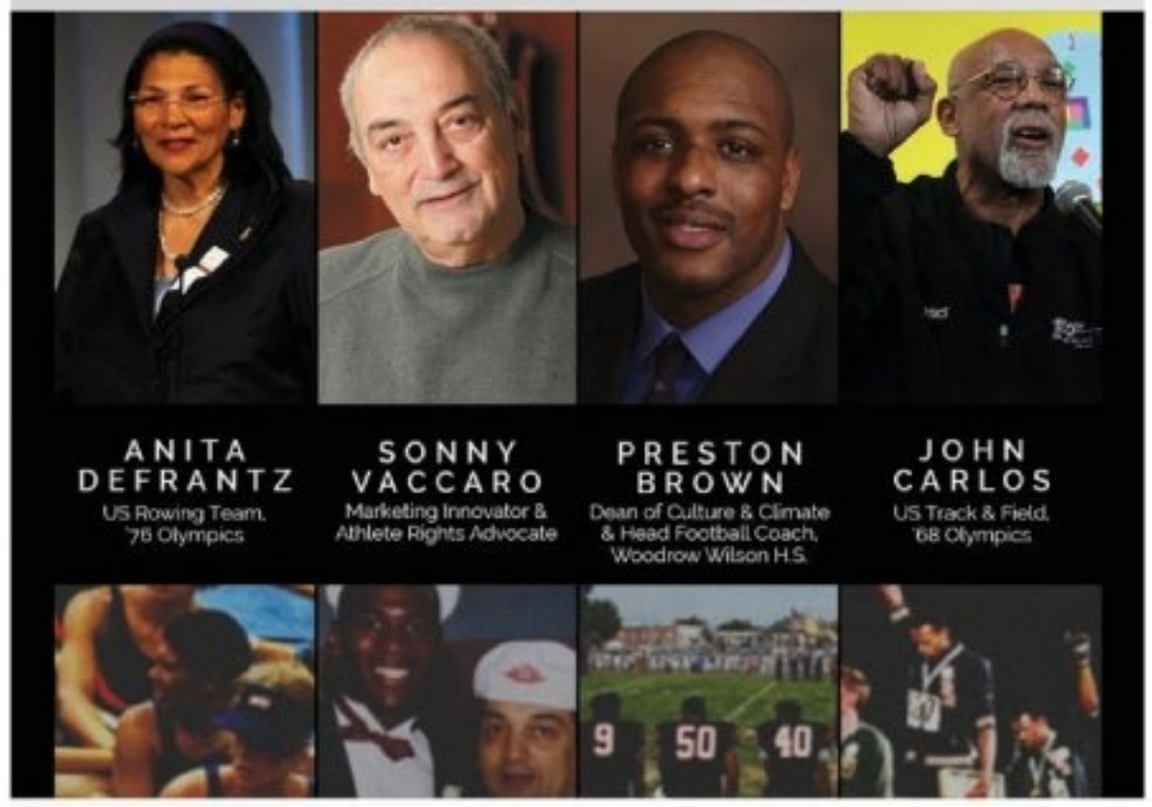

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domineering mother in the new thriller "Unforgettable."

The actress says she's not a lot like her character. She tried to shield her own daughter, Jordan, from the limelight, because it wasn't her choice to be a public figure. (She's since become an actress anyway, appearing in "Cabin Fever" and Quentin Tarantino's "Death Proof.")

Ladd's "Unforgettable" character, meanwhile, demands Heigl have a great job, be a great mother, and be flawlessly refined in her looks and manners. (She has a daughter as well as a stepdaughter.) It's driven her crazy — which is partially why she flips out on her ex-husband's new fiancee (Rosario Dawson) and tries to make her life hell.

"You really get this sense of this perfectionism women have," Ladd tells us. "We're supposed to have all of these things [like beauty, exquisite clothes and social graces] lined up like little ducks. It doesn't leave a lot of room for your true humanity."

Society may be getting cooler to the idea of gender equality, but the flipside is that women now have more on their plate. Men certainly don't have to do nearly as much. They don't have to be great dads, and sometimes it doesn't matter what they look like. (Our president definitely isn't a looker.)

"It takes them 10 minutes to look good," Ladd says. "They shower, they shave, they put on a nice outfit, they brush their teeth, and off they go. Is that fair?

"All little girls want to play dress up. But to do it all over again, day after day after day, it gets … tired. That's why I like going to the supermarket with a ponytail, blue jeans and sneakers. I'm just this person. It's a nice way to live."

Still, things are dramatically different than when she came into the spotlight in the '70s.

"It's changed enormously," Ladd says. "Charlie's Angels" may have been about attractive women, but they were also very strong and independent. That wasn't seen a lot in those days. "We kind of broke the mold for acceptable jobs for women at that time," Ladd says.

"It wasn't that long ago that women were supposed to be teachers and nurses and secretaries."

GETTY

Having fun these days

Nowadays, Ladd has an easier and more fulfilling time acting.

"I'm enjoying my process now more than I did when I was younger," she says. "When you're younger, you have to worry about being beautiful all the time, and that is just tiresome. I don't have to do any of those things now. I can just be a character, whether it's a grandmother on the prairie or this very put-together woman. When you have a lot of life under your belt, there's more to bring to the characters. I'm enjoying it. I say 'no' a lot. I'm pretty picky and choosy these days."

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Philly Indie Film Fest spotlights women as filmmakers

A feminine touch behind the camera.

KYLE HILLER
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The Philly Indie Film Fest's 10th year features a roster of films, shorts and animation with an especially impressive number of women behind the camera. The five-day event, running April 26 through April 30, features local and international talent booming with diverse voices, but especially women.

Festival director Benjamin Bennett says the focus on female filmmakers wasn't intentional but is excited about the distinct and distinguished lineup PIFF has curated. Here are six films you can't miss.

"Hedgehog" kicks off the festival's opening night. FIVE LANDS FILMS

"Hedgehog"

April 26, 6 p.m.
Levitt Theater at the Gershman Y
401 S. Broad St.
120 minutes
Written and directed by Lindsey Copeland, Madeline Brewer stars in this indie drama that follows a young comedienne, Ali, who longs to follow in the footsteps of her once-well-known comic father. She struggles to perform, fearing that she won't be able to fill his shoes. In the hopes of conquering her fears, Ali begins taking writing classes but soon finds that the cost of the classes, plus those of her cousin's impending wedding, force her to take a second job assisting an aging professor. Ali finds ways to reconcile her vulnerabilities through new relationships, forging her own path. "Hedgehog" kicks off the festival's opening night.

"See Me Now"

April 26, 6 p.m.
Levitt Theater at the Gershman Y
401 S. Broad St.
Seven minutes
Opening alongside "Hedgehog," "See Me Now" is a poignant and magical short film about today's everywoman. The short film was directed by Sharon Lewis and was written by Dharini Woollcombe, Carin Moffat and Linda A. Palmieri. These four women have produced a story about Ambrosia, an African-Canadian hospice nurse who's in deep danger of becoming extinct from her own life. The demands of her job, being the single mom of a self-absorbed daughter and caring for her judgmental father have left Ambrosia a husk of her former self. The film reflects the writing trio's own struggles to find the balance between motherhood and forming their own production company, Light the Girl Productions. Their mandate is to change women's stories in front of the camera by taking the reins behind the camera.

"Abortion Road Trip!"

April 27, 6 p.m.
Levitt Theater at the Gershman Y
401 S. Broad St.
Eight minutes
Comedian Katie Goodman co-directs and stars in this documentary short that follows her through the U.S. examining abortion restrictions and the burden placed on women and their families as a result. Her journey takes her 512 miles, the same number of miles many in Texas have to drive to reach a reproductive clinic due to legislated clinic closures.

"Sketches" PROFESSIONAL AMATEUR PRODUCTIONS

"A Million Happy Nows"

April 27, 8:45 p.m.
Levitt Theater at the Gershman Y
401 S. Broad St.
80 minutes
Marisa Calin writes the chronicle of Lainey and Eva's relationship as they struggle coping with Lainey's diagnosis of early-onset Alzheimer's. Lainey, a veteran actress, thinks it's stress of finding work that's making her forgetful. Now, Eva has to find the strength to look after Lainey in this touching feature film.

"Occupants"

April 27, 10:30 p.m.
Levitt Theater at the Gershman Y
401 S. Broad St.
80 minutes
Julia Camara writes a film about Annie Curtis, an award-winning documentarian, and her husband, Neil. Annie and Neil embark on a "30 days of clean living" documentary, setting up cameras all over their house to document, via the internet, their new eating habits. By doing so, half of their cameras capture a parallel version of themselves that ultimately unravels and threatens their very existence.

"Sketches"

April 30, 2:00 p.m.
City Coho
2401 Walnut St.
Seven minutes
Director Savannah Rodgers teams with writer Meagan Flynn to tell a story about two women who, after falling deeply in love, struggle with domesticity and their opposite personalities.

For information on other films being featured this year, visit: PIFFfilms.com.

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A096 Keith V Johnson, bike, boxes, coffee table, end table.
A099 Dolores Villanueba, mattress, boxes, dresser, sofa.
A112 Juliana Rodrigues, bags, boxes, plastic totes, vacuum.
B2002 Ida Bridges, bed frame, mattress, plastic tote, suitcase.
B2017 Nyderah S Shaw, bed frame headboard, mattress, plastic tote.
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SARA FEINSTEIN
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Advanced-placement exams begin early May, which means for many students, test-day panic has already sunk in.

Between the length of the exam, the range of material covered, and the fact that doing well can earn students college credit, the pressure is truly on. But instead of worrying, students should be preparing.

We spoke with Stacy Caldwell of the The Princeton Review for some tips to take on the test with confidence.

Set the pace

Understanding the structure of the exam, and mapping out a pace to tackle the questions is a great way to do well on the APs, says Caldwell.

Students should begin by looking at the number of questions and calculating the speed at which they should be working, she explains. The AP human-geography exam, for example, gives students one hour to complete 75 multiple-choice questions. That means they need to recognize that they have about 48 seconds per question.

"If there's a question and you've been working on it for a minute and a half, you're going to have far less time on another question," says Caldwell. Timing is the No. 1 concern, she stresses. "Students should always make sure they're working through sections at the speed they need to be."

Test yourself

One of the best ways to prepare for exam day is by completing practice questions, says Caldwell. "This helps students understand areas where they're strong, and where they may need to provide some more focus," she explains.

And while practice questions certainly help, completing a full, timed practice exam is ideal. Not only does it allow students to grasp the exam experience, but it also helps them get their pacing down.

Of course, both methods work because they each give students the most valuable thing they can take into the exam with them: familiarity. At the end of the day, says Caldwell, "understanding the types of questions they'll see will ultimately give them confidence that they'll be able to successfully answer them."

Order is key

Because there's no specific order that students need to follow when taking an AP exam, "the questions that look easier should be the first ones that students tackle," says Caldwell. This is particularly important for the free responses. "Students should quickly scan through all of the free response questions and choose the order that they want to answer them, so that way they're answering the ones that they're most confident in first," says Caldwell. "That gives them more time for the difficult ones at the end."

Read carefully

While working at a fast pace is crucial during the AP exam, students should take the time to read each question carefully. In other words: They should never sacrifice comprehension for the sake of speed. Instead, they should fully understand each question before they answer it.

By speeding through, "you could end up solving an equation and you will have had the wrong answer because the question was actually looking for something slightly different," she says. "Reading carefully enough to understand what the question is asking tends to save you time in the long run."

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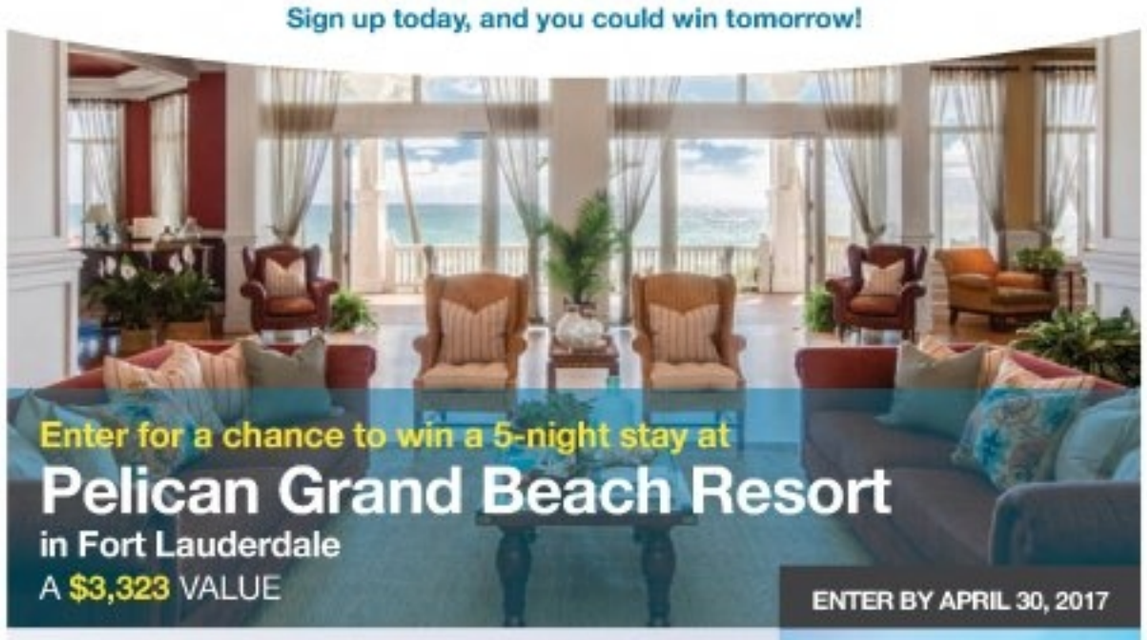

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What is a podiatrist?

LEARN ABOUT THE TOP CAREERS OF 2017

Learn about the wide range of roles in this specialty.

SARA FEINSTEIN
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Not everyone with the desire to heal patients wants to go to medical school. While podiatry school is certainly no cakewalk, its narrowed focus is attractive to prospective doctors; it's a growing field with abundant jobs, and one that can offer a coveted work-life balance that might not be available to, say, an emergency-medicine specialist.

We spoke to Dr. Dyane Tower, a practicing podiatrist and director of clinical affairs at the American Podiatric Medical Association, to find out more about the field.

What does a podiatrist do?

A podiatrist is a physician who diagnoses and treats conditions of the foot, ankle and sometimes portions of the lower leg.

"They see anything from newborns with deformities like clubfoot all the way up to people towards the end of their life who need help taking care of their feet," Tower says.

The Bureau of Labor Statistics reports that by 2024, podiatry jobs are on track to grow 14 percent from 2014, resulting in 1,400 new jobs.

On a given day, a podiatrist might prescribe orthotic shoes for diabetic patients, treat injuries from sports or activities or even do something as simple as trim toenails.

What schooling do you need?

After completing an undergraduate degree, prospective podiatrists should begin by applying to any of the nine four-year podiatric medical schools in the country, says Tower.

Once they've earned their doctor of podiatric medicine (DPM) degree, the next step is to complete a residency-training program.

"These are typically three years long, and teach students how to do any kind of surgical procedure that you could ever imagine needing to do on somebody's foot, ankle or lower leg," Tower says.

Training doesn't end there. Many students go on to complete one-year fellowships in a specialized field. "Maybe they're interested in sports medicine, and go work in an area where for that year they're seeing only athletic injuries," says Tower. "There are opportunities in trauma, reconstruction, diabetic limb salvage, any subspecialty within podiatry that you could probably envision—there is a fellowship in that area."

What's the typical salary?

The median annual salary for a podiatrist is $144,110 according to the Bureau of Labor Statistics. The best-paid earned $182,420 in 2016 while the lowest-paid made $48,830.

Is it hard to find employment?

The need for podiatrists is expected to increase as baby boomers age, says Tower. "With that increase in age comes an increase in things like diabetes, heart disease and vascular disease," she says. "Things of that nature all have an effect on the feet and legs, which makes podiatrists' role in the health-care system very important."

The Bureau of Labor Statistics reports that by 2024, podiatry jobs are on track to grow 14 percent from 2014, resulting in 1,400 new jobs.

The pros

One of the great things about this profession is the variety of patients and conditions you get to treat in a single day, says Tower. "You might see somebody for a skin problem in the morning, and later that evening be treating an athlete with an overuse injury and thinking about the biomechanics behind their functioning and the structure of their foot," she says. "It's really nice to be able to use the breadth of information that we learn throughout our careers all at the same time."

There's also the satisfaction that comes with being able to alleviate patients' pain. Whether they receive an immediate injection or leave the office with an insert, "knowing that I was able to do something to make them feel better is always extremely gratifying," she says.

The cons

Prospective podiatrists should consider the high cost of education, says Tower.

And while taking out loans to pay for medical school isn't always ideal, being able to take care of patients and see the appreciation they show in return certainly is, she says. In the end, Tower says, "it's worth going through the process to be able to be part of such a great profession."

Logan Marchi, left, is fighting hard this spring to replace last year's starting QB for the Owls Phillip Walker. ALL PHOTOS GETTY IMAGES

Cherry and White Day shows Temple quarterback job remains wide open

Who will be the Owls' starting quarterback in 2017?

JON MARKS
@MetroPhilly
sports@metro.us

Steady April showers may have dampened the spirit of the crowd which assembled to get an early preview of what new coach Geoff Collins' Temple Owls will bring to the table this fall. But it did nothing to answer the question everyone wants answered.

Who will take departed quarterback Philip "P.J." Walker's place?

Right now Collins has four candidates for the job, each of whom had his moments during the Owls' annual Cherry and White Day game to mark the end of spring practice. But while holdovers Frank Nutile, known to his coach as "Frankie Juice," and Logan Marchi and freshman Anthony Russo and Todd Centaio, have skills, none of them is a Carson Wentz, the QB of the team Temple shares the Linc with.

So the fact that the most impressive thing the Owls had going was their running game — even though Jahad Thomas and his 2,599 yards rushing and 30 touchdowns is also gone — could bode well for a team that won 21 games the last two years under Walker and Matt Rhule.

"We established the run today," Collins said, "gone through the motions. The big thing for us offensively is that we want to be able to impose our will whenever we want to. And that means being physical, being tough and really getting after people. When you replace a guy like P.J., the all-time leading quarterback here [10,669 yards passing with 74 TDs], guys have really embraced it. We have a veteran receiver corps, which has really helped the quarterbacks. And backs like Rock [Ryquell Armstead] and Jager [Gardner, who was the unofficial star of the game, rushing for 67 yards and a touchdown on just nine carries] were running the ball great. The way they guys have rallied along the quarterbacks I think is gonna help them."

Nutile and Marchi, the only QBs permitted to talk since the others are freshman, agree.

"It feels good after 14 days to come out there and make plays and have fun," said the 6-foot-4, 219-pound junior Nutile, whose highlights were a 37-yard touchdown pass to Freddie Johnson and a 16-yard TD run on the option. "Throughout spring ball I continued to get better and more comfortable with the offense. There's great competition. You saw today everyone can spin the ball. I'm excited for camp starting up in the summer."

So is Marchi, a redshirt sophomore who says his elusiveness and ability to improvise are his greatest strengths.

4
POSSIBLE STARTERS ARE FIGHTING FOR THE STARTING QUARTERBACK GIG.

"I think it went well," said Marchi, who did throw two interceptions among his 10 pass attempts. "It's good to see guys get live reps. But you're not gonna replace P.J., so you just go out and be best guy you can be. Learning from P.J. was more observation. He was a vocal leader but also he led by example, being calm, cool and collected."

Nutile, who threw two incomplete passes last season while Marchi went 2-for-6 for 29 yards, says there's more to it than that.

"P.J was probably the best quarterback to ever come through here," said Nutile, who said Collins was the one who started calling him Frankie Juice and the nickname stuck. "My last two years being with him he really did a great job showing me how to watch tape and pick up things. So I think we're in a good spot, because he led the way for us by paving the way."

That doesn't mean whoever gets the call should be expected to pick up where Walker left off. "I think we can take some of slack off the quarterback," said Gardner, who figures to easily surpass his 111 yards on 29 carries as a freshman. "Gradually by the end of spring ball, you get used to different guys. But at the end of the day everyone just wants to go out and play."

Will it be Nutile, Marchi, Russo or Centaio by the time the Owls square off against Notre Dame in South Bend on Sept. 2?

On an April showers Cherry and White Day, we learned only one thing: The competition is just beginning.

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Phillies are hoping Franco's heroics can become consistency

The Phillies' young third baseman has shown everything but reliability.

KYLE PHILLIPPI
@Kyle_Phillippi
sports@metro.us

Every player goes through slumps, and Phils fans hope Maikel Franco's will end sometime soon. GETTY IMAGES

Will the real Maikel Franco please stand up?

The numbers on Franco are frustrating; in fact, they've reached a point where it just doesn't make sense. The Phillies third baseman seemingly has the "it" factor to be a good, if not great, ballplayer, but the numbers and the mechanics are all over the place.

His heroics on Saturday — a walk-off two-run single in the 10th inning — showcased just how exciting of a player he can be. Making it even better was the power he put on the opposite-field hit.

"My approach was just go out there and try to wait for my pitch," Franco said after the team's 4-3 victory over the Braves.

That approach he spoke of hasn't been the case for him this season, at least on a visual scale. Franco has been caught chasing pitches, lunging forward, moving his feet and flinging his head — basically everything you're not supposed to do while in the batter's box.

Prior to that at-bat in the 10th, Franco had been a mess at the plate, going 3-for-32 at the dish with two of those hits coming in the same game. That means he had gone hitless in six of his last seven games before Saturday.

After missing out on the Phillies' back-to-back-to-back homers in a 5-2 win over the Braves Sunday, Franco is batting .171 (after an 0-for-4 showing in the matinee that got the Phils back to .500).

"He's been hitting the ball as hard as anybody, just at guys, and having some bad luck," said starting pitcher Jerad Eickhoff. "So to see that fall, it was just a great finish."

That being said, through all of his struggles there are only four guys in the National League who have driven in more runs than the 16 that Franco has: Bryce Harper (20), Marcell Ozuna (20), Jake Lamb (18) and Travis Shaw (17). Three of those guys are batting .290 or higher and all four are above .250.

Logic suggests that Franco's start to the season is an outlier, one that should balance out with his RBI totals where he'll find himself closer to his career .253 mark as opposed to a .200 hitter. As Eickhoff suggested, he has hit into some pretty hard outs, but there have also been some ugly swings in between those.

The Phillies have now won four straight and have a day off before facing the Marlins next week at Citizens Bank Park. They are actually right in the mix in the early going in the NL East … all without having any consistency from Franco.

When the 24-year-old gets his timing back and starts driving balls like he did on his winning-hit, this team could start to seriously surprise some opponents.

Perhaps that swing on Saturday will be what gets the real Maikel Franco to not just stand up, but to stay up.

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Eagles' 2017 schedule among toughest in NFC

All four NFL East squads have very harsh slates in the upcoming season.

EVAN MACY
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The 2016 season saw the Eagles jump to a fast start in Carson Wentz's rookie year, but fall back to earth, in part due to their brutal schedule.

Routinely, the Birds faced teams coming off of bye weeks, had an early bye of their own and had to play one of the toughest strengths of schedule in the NFL.

In 2017, they won't have any teams coming off of a bye — and get a nice late week off during Week 10 — but many of the positives end there.

With a .531 winning percentage boasted by Philly's 2017 opponents, the Birds will have the third toughest slate in the NFC next year and 10th toughest overall.

In fact, all four NFC East teams find themselves with the toughest trek through the 16-game season. They face the best division in football in interleague play in the AFC West, which doesn't make things easy. Philly will need to play the Chargers, Raiders, Broncos and Chiefs, while also two apiece against the NFC East and games against the Cardinals and Seahawks.

The order of operations is difficult too, as their final stretch in December with three straight road games — two on the West Coast — followed by the Raiders and Cowboys at home, each playoff teams in 2016.

The Birds need to bank some wins and momentum early, otherwise it could be a long December for the Philly faithful.

A look at the Eagles' full slate:

Sunday, Sept. 10	at Washington
Sunday, Sept. 17	at Kansas City
Sunday, Sept. 24	New York Giants
Sunday, Oct. 1	at L.A. Chargers
Sunday, Oct. 8	Arizona
Thursday, Oct. 12	at Carolina
Monday, Oct. 23	Washington
Sunday, Oct. 29	San Francisco
Sunday, Nov. 5	Denver
Sunday, Nov. 12	bye
Sunday, Nov. 19	at Dallas
Sunday, Nov. 26	Chicago
Sunday, Dec. 3	at Seattle
Sunday, Dec. 10	at L.A. Rams
Sunday, Dec. 17	at New York Giants
Monday, Dec. 25	Oakland
Sunday, Dec. 31	Dallas

The Eagles will have a tough test in December when their season reaches its climax. GETTY IMAGES

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45 Andes ruminant
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49 AAA recommendations
51 Londoner's farewell (hyph.)
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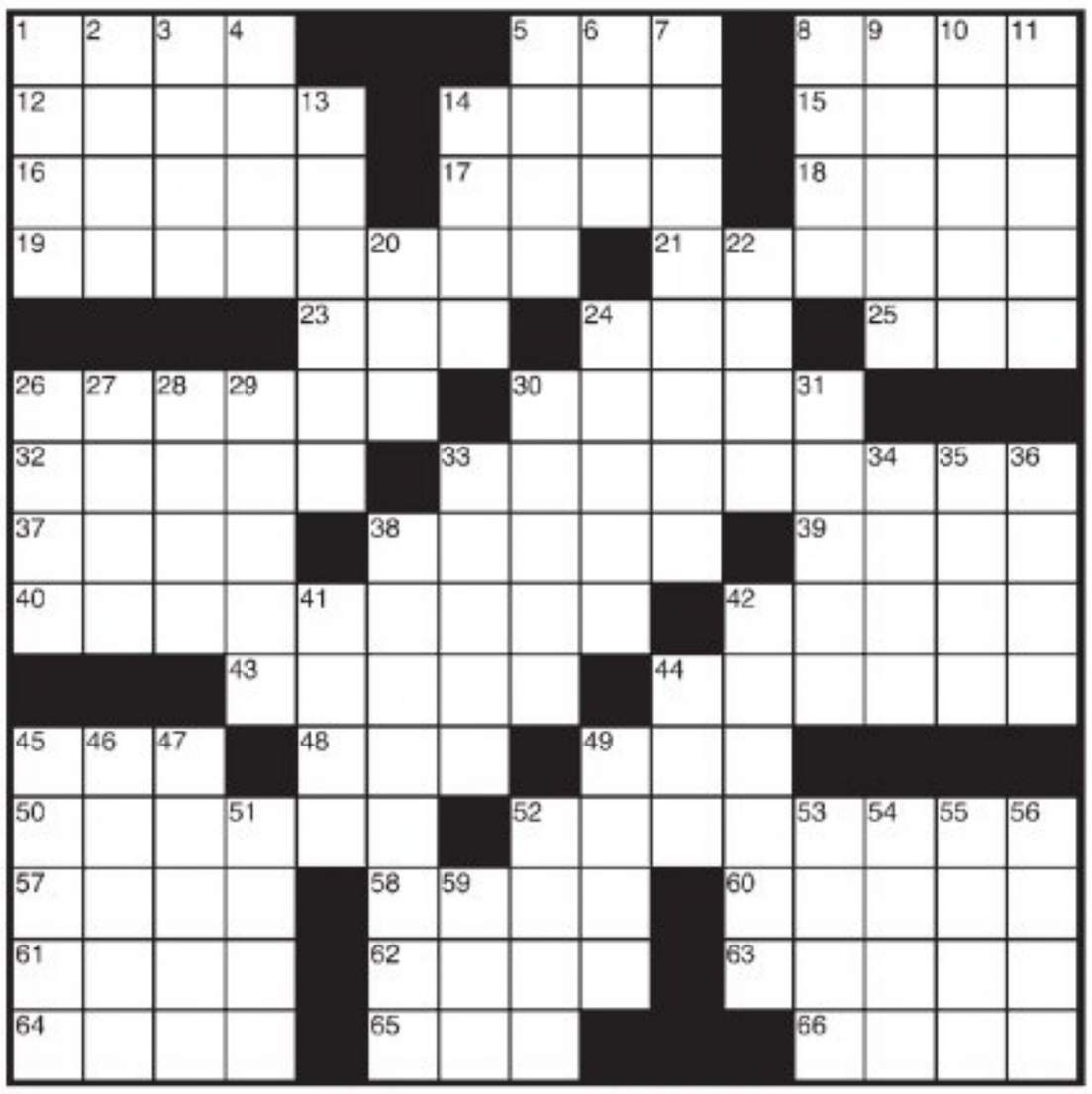

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	5		9		7			2
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	9		2		8		3	
7						6		8
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	4				3		6	

hard

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1	4							2
		7	4		6		1	

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Aries Check for any flaws or hidden details that can influence your decision regarding a financial matter. Stick to a format to be less conspicuous when dealing with bureaucracy.

Taurus Studying, doing some research and speaking to experts will help you sort out any confusion or uncertainty you have regarding your taxes or a medical issue

Gemini Break through barriers and look inward for answers. If you concentrate on what you can do to make a difference, an unexpected opportunity will develop.

Cancer You will need to be disciplined in all your pursuits. Making an impulsive change will be costly. Your time is best utilized making personal improvements.

Leo Set goals and bring about changes that will make your life better. Don't let personal complications distract you or influence your financial strategy.

Virgo Learn all you can about your options when dealing with household matters or issues involving older relatives. Don't let anyone push you to make a snap decision.

Libra Don't allow anyone to stand between you and what you want. Hesitation and procrastination will be your downfall. Observe what's going on around you.

Scorpio Don't worry about what others do. Use your intuition to bring clarity to whatever situation you face. If an idea or offer feels right, pursue it with gusto.

Sagittarius If you feel good about someone you want to spend time with, make plans to do so. New opportunities will set the stage for positive change.

Capricorn Keep life simple. Stay close to home and avoid matters that involve government agencies, institutions or large corporations. Stay focused on what others do or say.

Aquarius Consider ways to bring in extra cash. Don't let your skills and innovative intelligence go to waste. Something you enjoy doing can improve your finances.

Pisces Take better care of your health and well-being. Nurture relationships, but don't give in to poor influences or take up bad habits because you want to fit in. EUGENIA LAST

Yesterday's answers

R	A	H	■	F	A	C	E	D	■	■	C	L	A	P
I	D	A	■	L	U	E	G	O	■	G	R	A	T	A
D	A	R	T	A	G	N	A	N	■	R	A	D	O	N
E	G	E	S	T	■	■	D	O	C	U	M	E	N	T
R	E	M	A	T	C	H	■	R	O	M	P	■	■	■
■	■	■	R	O	U	E	N	■	S	P	I	N	E	S
O	N	T	■	P	L	I	E	S	■	S	N	O	R	E
A	A	H	S	■	T	R	A	M	S	■	G	R	I	N
F	R	E	T	S	■	S	T	E	I	N	■	A	C	T
S	C	O	O	P	S	■	O	L	L	A	S	■	■	■
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L	O	O	K	E	D	A	T	■	■	T	U	N	E	D
A	L	L	I	E	■	C	O	M	M	I	N	G	L	E
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DEPRESSED?

Are you treating your depression with medication?
Are you still feeling depressed?

If so, please call Hassman Research Institute about participating in our research study of an investigational drug for adults with treatment-resistant depression.

Qualified participants must: • Be 18 or older • Be taking prescribed antidepressant medication • Be currently experiencing a depressive episode

Insurance is not required to participate in our study, and all study-related care and study medications are provided at no charge.

Transportation and compensation up to $7,500 for time and travel may be available.

For more information, call toll-free 866-264-4545 or visit HRITrials.com

Have you served in the Armed Forces?

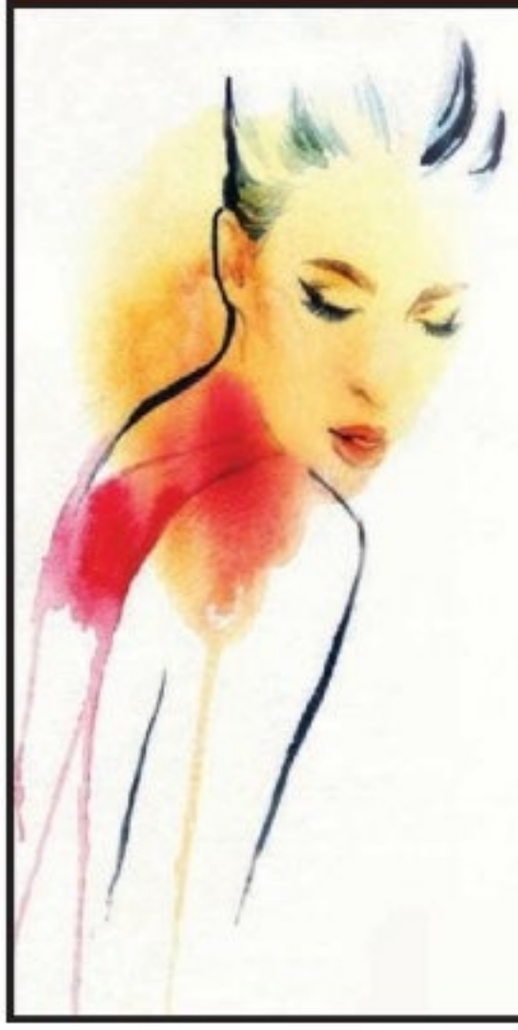
Are you dealing with stress, anxiety, or insomnia due to a traumatic event while serving?

If you've lived through a traumatic event while serving your country, and are now experiencing unwanted lingering effects, you may qualify for a confidential clinical research study (The HONOR study). The study is for an investigational drug that may help improve trauma-related symptoms including sleep disturbances.

No cost to participate
Compensation for time and travel

To learn more, please visit
www.TheHonorStudy.com

866-230-4185



Does your child suffer from eczema?

Hassman Research Institute is looking for subjects who have eczema to participate in a clinical research study evaluating an experimental topical medication.

8 visits over approximately 10 weeks

Ages between 12 and 17 years old • Compensation: up to $675

866-910-4949